

# ENERGY REDUCTION CHALLENGE

## Energy Pledge Form



I, \_\_\_\_\_, pledge to support my child's involvement in his/her school's Energy Reduction Challenge and agree to make a sincere effort to change behaviors and reduce energy use in our home. By doing so, I recognize I will not only conserve valuable natural resources and reduce my family's carbon footprint, but will also save money.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

- YES! We will register as a family for the Minnesota Energy Challenge at <http://www.mnenergychallenge.org/register.aspx> and commit to at least two (2) energy-saving activities.

*Cut off the bottom half of this form and hang it on your fridge at home!*



## 5 SIMPLE WAYS YOU CAN SAVE ENERGY AT HOME!

*Every little effort makes a difference!*

1. Turn off the lights anytime you leave a room! *Make sure all of the lights in the house are off when everyone is gone.*
2. Adjust your thermostat! *The ideal temperatures for saving energy are 68° F for heating and 76° F for cooling. For every 1° you change your thermostat, you can reduce energy use and your bill by 1%.*
3. Close your blinds! *Decrease solar heating in the summer and keep cold air out in the winter just by closing your blinds.*
4. Unplug to reduce Vampire Energy! *Did you know that your cable box uses as much energy as your refrigerator? Unplug any electronics that aren't being used to stop wasting energy. Video game consoles, phone and iPod chargers, microwaves and coffee makers all waste Vampire Energy.*
5. Rethink the way you clean! *Only wash full loads of laundry and dishes. Choose warm or cool water rather than hot in your washing machine. Hang dry clothes instead of using the dryer. If you have a dishwasher, turn off the "heat dry" setting. Instead, let dishes air dry.*